

The first sub-topic was driving, this topic hit me hard, and I am glad that I am not the only one who feels sad, angry ect. I feel left behind my peers when it comes to career achievements, shopping, ect. Even though, I have this struggle I know that there is things like Urber or Lyft to help me achieve these goals, and as long as I continue to work hard, I can have a great career. There are also things like Amazon to help with shopping.

Under driving was the use of public transportation; it was reassuring that I am not the only person who uses it, and sometimes struggles with it. Since I've been job hunting I have met a lot of people who use public transportation and are living full lives.

Occupation was the next sub-topic and it also hit me hard. The fact that having Nystagmus, and for the most part a lack of a driver's license, does impact your career choices. I found over the past few years of job hunting, that there is stigma of not having a driver's license and most employers have concerns about visually impaired people getting to work on time. So, not being able to drive effects the choices of having a career greatly. That being said, sometimes being self-employed can be a good thing.

The next sub -topic was leisure activities. I feel a strong of a connection on this topic, because I am going to have to start using the internet to do my shopping, and meeting with friends must be made in advance. Even though these allowances have to be made, I can still enjoy leisure activities just in a different way.

The next sub- topic was relying on others; this made me feel sad. I currently have to have my grandfather help me with several things from taking me to the store, to helping me with ordering something online. When you have Nystagmus you are going to have to rely on others sometimes. I'm thankful for the help I am getting.

The second topic was standing out/not fitting in.

The next sub-topic was visible aspects/cosmetics. I feel a connection to this because when I get nervous, especially during a job interview, employers have asked me if I am lying about my disability or if I am using drugs. Many eye doctors have said that I am moving my eyes for attention.