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Echo Dot and Orientation and mobility (independent living skills series lesson 2)

By Amanda Nelson

The nervousness has died down quite a bit since I've gotten over my first lesson.

Today I had assistive technology and Orientation and Mobility lessons. The first lesson of the day was an introduction of the Amazon Echo Dot. I learned how to address it, some basics of what the dot could do such as set reminders, multi-timers, to-do lists, read audio books and play music.

I was able to practice asking questions, setting lists and reminders. Another part of the lesson that was useful was a brief over view about the application that goes along with it. It really is a neat device, and I'm excited to learn more.

After a quick lunch, I had a short Orientation and Mobility lesson. We worked on crossing light-heavy traffic and upper protective protection technique. My teacher was happy that I knew the basics of upper and downward curbs, as well as some basic parallel traffic crossings. I am already gaining more confidence. I can't wait for the next lesson.

Note

For more articles from Amanda, head over to her website:

<https://amandaGene.com/>